

NORTH READING TRACK AND FIELD TWILIGHT INVITATIONAL 2013

Tuesday

June 18, 2013

(Rain Date: Thursday June 20th)

Order of Events

6:30 PM Field Events

Girls' Long Jump (boys to follow)

Boys' Shot Put (girls to follow) (HS/Open Only)

7:00 PM Running Events:

Girls will run first unless numbers allow for combined races

2 Mile Run

400 Meter Run

50 Yard Hurdles on turf (ages 6-14)

100/110 Meter Hurdles (HS/Open Only)

100 Meter

1 Mile Run

200 Meter Run

800 Meter Run

Pre Meet Entry Details:

- (1) Entry Fees: \$10.00 allows for entry into up to 3 events.
- (2) All entries should be mailed to the North Reading Parks and Recreation Department, 235 North Street, North Reading, MA 01864. Charge Card Payment can be called in to (978) 664-6016 and Checks mailed to the above address.
- (3) Event signups will take place the day of the meet from 6:00 – 7:00 PM.

Day of Meet Entry Details:

- (1) Entry Fees: \$15.00 allows for entry into up to 3 events.
- (2) All entries and event signups will take place the day of the meet from 6:00 PM – 7:00 PM

Competition Details:

- (1) Age Groups: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18, 19-39, 40 +
- (2) Starting blocks for the sprint events will be provided for the High School and Open divisions.
- (3) Each athlete will get three attempts in all field events
- (5) Recommended spikes are 1/4" pyramids
- (6) Awards:
 - Ribbon: the winner of each race
 - Medal: "Outstanding Performer of the Meet" (one male, one female) youth, scholastic, open.

I look forward to seeing you all on June 18th!

If you have any questions regarding the meet please contact Recreation Director, Lynne Clemens at (978) 664-6016.