

ROXBURY COMMUNITY COLLEGE
Tigers All Comers

When: Saturday, January 4, 2014

Where: Reggie Lewis Track & Athletic Center

Time: 3:30pm Registration, Meet Starts @ 5pm

Contact: Alyson Scott 617-541-3535

Email: ascott@rcc.mass.edu

How to Enter: Online Entries Preferred!

Log on to www.directathletics.com

Click on the link to Roxbury Community College Tigers All Comers

Entries: Due by January 2, 2014

Entry fees are as follows:

\$200.00 per Team/per Gender (19 athlete minimum per gender)

\$20.00 per Relay Team

\$10.00 per event

\$5.00 per event for youths

Late Entries: Day of Event

\$250 per Team/per Gender

\$25 per Relay Team

\$15 per individual event

Make Checks payable and Mail entries to:

Roxbury Community College Track

Reggie Lewis Center

1350 Tremont Street

Roxbury, MA 02120

Order of Running Events: Rolling Schedule 5pm (Women followed by Men)

- | | |
|----------------------|---|
| ➤ 55m hurdles trials | |
| ➤ 55m dash trials | |
| ➤ 55m hurdles finals | > Field Events Start @ 5:00pm |
| ➤ 55m Dash | >women's long jump followed by men |
| ➤ 1 Mile Run | >follows men's long jump women's triple jump follows by men |
| ➤ 400m Dash | >men's weight followed by women |
| ➤ 800m Run | >women's shot put followed by men (left side of scoreboard) |
| ➤ 200m Dash | >women's pole vault followed by men |
| ➤ 3000m Run (w) | |
| ➤ 5000m Run (m) | |
| ➤ 4 x 400m Relay | |
| ➤ 200m youth | |
| ➤ 800m youth | |
| ➤ 4 x 200m youth | |

***Qualifying Standards for Pole Vault Only: Men 14' & Women 9'5"

***Youth entries are on the day of meet