



**USATF New England
MINI MEET - CHARLESTOWN TRACK
THURSDAY EVENING
May 21 2015
6:30 p.m.**

AT: CHARLESTOWN TRACK, Charlestown, MA
We have moved this year due to construction at M.I.T.
GPS Address: 240 Medford St, Charlestown MA 02129

FOR: All ages and abilities. Age limit of 5 years old to enter

Hosted by Town Track Club of Charlestown

SPONSORED/SANCTIONED BY USATF New England

SCHEDULE: Running order is Adult then Youth, Women then Men

5:45 pm Registration

6:30 pm 800 Open then Youth (minimum age 7)

100 Open then Youth Long Jump (3 attempts) - must help rake/measure

400 Open then youth Shot put (3 attempts) - any time during meet

Mile Age 10 and up only Turbo Jav 300g for 10 & under, 500g for 11-12.

200 Open then youth Provided by meet

4 x 100 Relay - any combo of ages and genders ** time dependent

800m Race Walk - all ages, one race

ENTRY PROCEDURES AND FEES:

Enter day of event only at trackside - all competitors must sign the waiver;

A parent must sign for all youth and 18 and under.

\$1.00 for youth - born 2001 and later

\$3.00 for age 15 and up with current USATF membership

\$5.00 for all others - non-members

Notes:

Please stay off the track until other community teams have finished their practice!

Races may be combine Men & Women All runners will be timed and recorded.

Youth divisions - Races will be divided into 2 year age groups by year of birth as numbers warrant

Please, no runners younger than age 5 on meet day.

Relays are for any combination of ages, boys/girls, men/women. Be ready to go to zones at race time

ALL YOUTH CLUBS are expected to provide one volunteer to help, if needed

Thanks to Town Track Club and Charlestown sports teams for their support of this series.

DIRECTIONS TO the CHARLESTOWN TRACK

The track is at 240 Medford Street, Charlestown MA 02129.

Parking: On street parking, several small lots nearby. DO NOT PARK IN RESIDENT ONLY SPACES

RESULTS: www.usatfne.org/track

Also see www.towntrackclub.com

Contact: office@usatfne.org 617-566-7600

Or: Snyhan@towntrackclub.com