



**2016 USATF Region 1
Junior Olympic
Track & Field
Championships
University at Albany (Albany, NY)**



July 7, 8, 9, & 10

**THIS INFORMATION IS OF JULY 1, 2016
IT MAY BE UPDATED ON A WEEKLY BASIS. SCHEDULE TIMES MAY CHANGE**

Thank you for joining us for the 2016 Region 1 Junior Olympics competition. Enclosed is the information packet. Any updates to this packet will be posted below. If you have any questions about the event, please email youth@adirondack.usatf.org.

UPDATES:

- **5/27 - Steeplechase moved to Saturday. Race walk moved to Friday.**
- **7/1 - Boys shot put (7-8) moved from Saturday at 3:30 to Saturday at 4:45pm (Follows girls)**
- **7/1 - Updated hotel information**
- **7/1 - Implement inspection updated**
- **7/1 - Registration area has been relocated**
- **7/1 - Parking directions**
- **7/5 - fixed erroneous schedule which had steeplechase on Friday; Race walk on Saturday.**

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OVERALL SCHEDULE

Thursday, July 7, 2016 (Decathlon/Heptathlon day 1 only)

Friday, July 8, 2016

Saturday, July 9, 2016

Sunday, July 10, 2016

AGE GROUPS:

Age is as of December 31, 2015

Group 1 - 7 - 8 years old born 2008-2009

Group 2 - 9-10 years old born 2006-2007

Group 3 - 11-12 years old born 2004-2005

Group 4 - 13-14 years old born 2002-2003

Group 5 - 15-16 years old born 2000-2001

Group 6 - 17-18 years old born 1998-1999 and after Aug 2, 1997

DIRECTIONS TO UNIVERSITY AT ALBANY:

Directions

From the north

Take the Northway (I-87) south to Exit 1E onto I-90 east (Albany/Boston), then Exit 2 (Washington Ave/UAAlbany) which leads right into the University at Albany.

From the south

Take the Thruway north to Exit 24. After the tollbooths, go onto I-90 east towards Boston to Exit 2 (Washington Ave/UAAlbany) which leads right into the University at Albany.

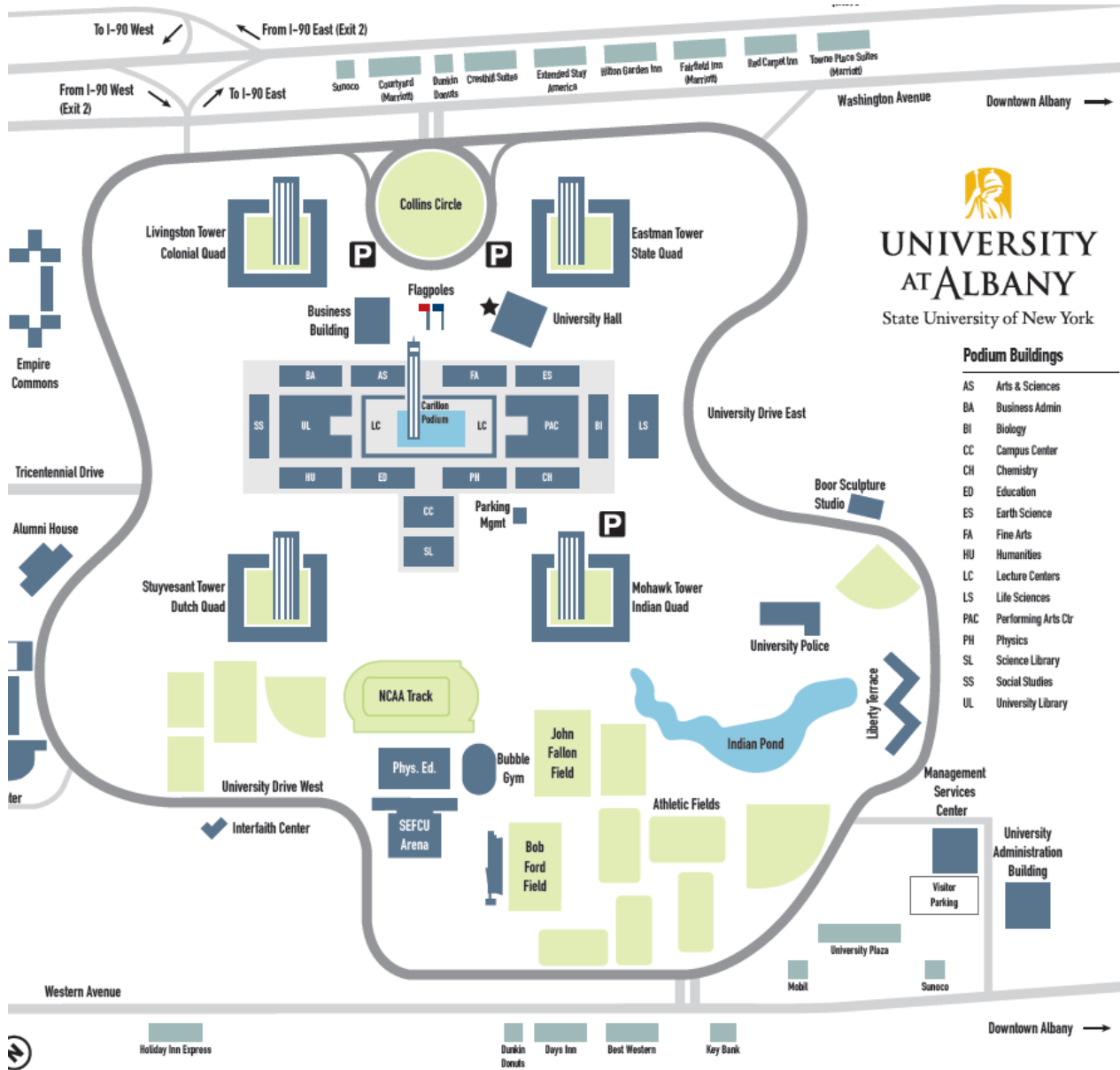
From the east

Take I-90 west (towards Buffalo) to Exit 2 (Fuller Rd/UAAlbany). At the traffic circle, take the 3rd exit onto Fuller Road. At the next traffic circle, take the 3rd exit onto the Washington Avenue ramp, then merge onto Washington Avenue at the traffic light. The University at Albany will be on your right.

From the west

Take the Thruway east to Exit 24. After the tollbooths, go onto I-90 east towards Boston to Exit 2 (Washington Ave/UAAlbany) which leads right into the University at Albany.

Campus Map



Please respect the facility and equipment. Remove your trash when you leave.

The facility offers an 9-lane track, 2 horizontal jump areas, 2 high jump area, and four throwing areas (2 shot put, 1 discus and 1 javelin/discus/hammer) and an additional grass mini-jav area.

1/4" pyramid spikes only. Spikes will be checked at clerking area

QUALIFYING FOR REGIONALS:

- 1) The Following Associations compete in the Region 1 Championship: Adirondack; Connecticut; Long Island; Maine; New York; and New England.
- 2) The top 8 Boys & Girls in each event at each Association Meet may advance to Region 1.
- 3) Any waivers approved by an association meets must be properly entered through Athletic.net
- 4) Athletes in Divisions 1-2-3 (7-8, 9-10, 11-12) may enter a maximum of 3 individual events.
- 5) Athletes in Divisions 4-5-6 (13-14, 15-16, 17-18) may enter in a maximum of 4 individual events.
- 6) Relays count as events.
- 7) Combined events count separately.
- 8) All entrants must have been approved through an athlete's association.

ENTRY PROCEDURE:

- 1) All entry is through the online registration at www.Athletic.net.
- 2) Entry begins Thursday, June 30 and runs through Friday, July 1, at 12:00 noon
- 3) LATE ENTRIES WILL NOT BE ACCEPTED

ENTRY FEES:

Individual Events \$7 each, Relays \$28, Triathlon/Pentathlon \$15, Heptathlon/Decathlon \$20

CHECK-IN:

- 1) Number pick-up is at the registration area at the top of the bleachers beginning at 11:00 a.m. on day 1, and 8:00 a.m. on day 2-3-4
- 2) Each association will have a registration area.
- 3) Bib numbers will be distributed at packet pick-up.
- 4) All athletes will have a bib number assigned to them in order to compete.
- 5) Athletes must only wear their own number.
- 6) Bib numbers must be worn on the front of the jersey. An exception is made for high jumpers and pole vaulters who have the option to wear their bib number on their back if they prefer.
- 7) Lost or forgotten bib numbers will result in a \$10.00 replacement fee for each number replaced.
- 8) For all running and race walking events, athletes will be assigned a hip number at check in with the Clerk of the Course for final seeding. Hip numbers must be worn on the correct hip. Shirts must be tucked in so hip numbers are visible by camera at finish line

COACHES:

Only coaches who have completed the USATF background check, SafeSport training, and have an active USATF membership number will be given a wristband. This allows THAT coach access to the infield/competition area to help athletes get their marks or ask questions. The coaches need to leave the area prior to competition. The infield is not a spectator area for coaches.

- 1) Any coach or parent in the infield or clerking area may result in the disqualification of their athlete/team.
- 2) Any parent or non-2016 USATF coach in any other restricted area may result in the immediate disqualification of their athlete/team.

Wristbands can be picked up at the coaches table in the registration area at the top of the bleachers.

RELAY UNIFORMS:

RELAY uniforms must be basically identical, top and bottom.

EQUIPMENT:

- 1) Implements for all throwing events will be checked at the implement inspection tent. There are specific times that implements will be checked.
- 2) Implements not weighing in will be impounded.
- 3) Athletes are encouraged to bring their own equipment. No vaulting poles will be supplied.
- 4) Personal starting blocks are not permitted.

IMPLEMENT INSPECTION TIMES:

Implements will only be checked during these times. Please plan accordingly. If an implement is not checked, it cannot be used. (Note: implements can be checked at any point before the event. It does not have to be done on the day of the event).

- Thursday, 7/7: 11am - 1pm
- Friday, 7/8: 8:30 - 9:15am & 2pm-3pm
- Saturday, 7/9: 8:30am - 9:15am & 12:15 - 12:45pm
- Sunday, 7/10: 8:30am - 9:15am & 12:15 - 12:45pm

RESULTS:

Results will be posted as soon as possible after the completion of events. Results will also be posted on-line throughout the event. Timing services provided by Brewer Timing.

ATHLETE FLOW/CLERKING PROCEDURE:

- 1) Designated warm-up areas will be announced
- 2) First call for track events will be made approximately 60 minutes prior to the event, with a second and final call made approximately 30 minutes prior to the scheduled start time.
- 3) Clerks will escort athletes to the starting lines.
- 4) Athletes will be escorted by the Head Official to the field event areas.
- 5) Athletes are not permitted to leave the clerking area or the field event area once the final call has been made without permission of the Head Clerk or Head Official and being escorted by a Marshall.

IMPORTANT INFORMATION FOR ATHLETES AND COACHES

PROTESTS:

- 1) Protests must be submitted in writing within thirty (30) minutes after the results of an event are posted per rule 73. This time period will be strictly enforced.
- 2) There will be a \$50.00 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld.
- 3) Only violations of the USATF 2015 Rules of Competition may be protested.
- 4) Judgment calls made by meet officials cannot be protested.
- 5) Protests that do not meet the above criteria will not be accepted.
- 6) The protest table is located in the press box

MEDICAL:

There will be qualified personnel available at all sessions of the championships. Medical Staff who will handle injuries only will be located near the finish line. There is no taping or massage available.

WATER will be available at multiple locations.

ADVANCEMENT TO NATIONALS:

- 1) In all Individual events, the top 5 finishers in each event may advance to the National Championships.
- 2) In all Relays, the top 5 finishers in each relay may advance to the National Championships.
- 3) In the Combined Events, the top 2 girls and top 2 boys may advance to the National Championships. If achieving a specific National standard (available online), a third athlete may advance.

HOTEL INFO:

There are multiple hotels in the area.

The **Hilton Garden Inn Albany / SUNY Area** has created a discounted rate for the second weekend in July of 10% or more off of our best available rate. In the rate, they are also including a Grab & Go Breakfast for each athlete. Please call the hotel directly at 518-453-1300 to book and ask for the Junior Olympics discounted rate.

OTHER INFORMATION:

AWARDS:

Awards will be available at the awards table a minimum of 30 minutes after the results have been posted
NOTE: The 30 minute waiting period is to allow processing time in case a protest is filed regarding an event result. Medals are awarded to the overall top five places in each event.

ACCESS:

- 1) There is no admission charge
- 2) There is no charge for parking. All cars should park in the Dutch Quad parking lot. Pay attention to parking signs. Cars parked illegally will be ticketed.
- 3) The University at Albany and USATF-Adirondack are not responsible for lost or stolen items

STADIUM RULES:

Athletes may ONLY bring water onto the infield; no other beverages or food are allowed.
NO ELETRONIC DEVICES ARE ALLOWED WITH COMPETITORS OR COACHES ON THE INFIELDF.

Tents are permitted in specific, designated areas outside the track. There are no tents allowed in the bleachers.

There is no smoking allowed inside or immediately outside the stadium.

Coolers are permitted inside the stadium. Glass containers ARE NOT PERMITTED. Please remove any alcohol, tobacco or glass before entering the stadium.

No dogs anywhere beyond the parking areas.

CONCESSIONS:

Food and beverages will be sold throughout the meet.

- 1) You may bring your own food and drink into the stadium but you may not bring in glass containers. No grills or fires.
- 2) When you leave, you must remove anything you brought in with you - carry in, carry out.
- 3) For your convenience, plastic trash bags and trash cans will be available throughout the facility for garbage disposal. Do NOT leave piles next to trash cans. Take trash with you.

EVENT T-SHIRTS will be sold on site.

Lost and Found will be located at the registration area

REGION 1 SCHEDULE :

AT END OF DOCUMENT
SEE DIVISION NUMBER/AGES ON PAGE 1 ABOVE

NOTE: If trial rounds are not required in events shorter than 400 meters, the event will run as a final **AT THE TIME OF THE TRIALS.**

Events will be contested girls first then boys unless otherwise designated

NATIONALS INFORMATION:

<http://www.usatf.org/Events---Calendar/2015/2015-USATF-National-Junior-Olympic-Track---Field-C.aspx>

REGISTRATION FOR NATIONALS:

National JO's registration process for the National JO's: You will need to go back on www.Athletic.net.com, within 48 hours of the end of the meet (starting Tuesday July 14) to enter your athletes in the National JO Events. It is the responsibility of athletes/coaches to register for the Nationals as all registration is now done on-line.

If you have any questions please contact Region I coordinator Bill Mongovan before you leave the University at Albany.

