



# USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS

Saturday June 18, 2016

Fitchburg State University Track Complex  
Coolidge Park, John Fitch Highway, Fitchburg MA 01420

## AGE DIVISIONS – DIVISIONS ARE NAMED BY THE AGE GROUP (Age as of December 31)

Divisions - 8 / under	Year of birth: 2008/2009/2010	- Must be at least 7 on 12/31 to compete at National meet
9-10	2006 / 2007	
11-12	2004 / 2005	
13-14	2002 / 2003	
15-16	2000 / 2001	
17-18**	1998 / 1999	* also 1997 if born August 1, 1997 or later

**ELIGIBILITY:** US citizens, resident aliens, and foreign exchange students.

## ENTRY LIMITS

Athletes must compete in their own age group – they may not compete in older or younger groups.

Ages 8 / under, 9-10, 11-12 **may enter 3 events INCLUDING RELAYS**

Ages 13-14, 15-16, 17-18 **may enter 4 events INCLUDING RELAYS**

**EACH RELAY COUNTS AS AN EVENT!** Events not held at Fitchburg but waived to Region I (steeplechase, 4x800) count as an event

**Multi-events (waivers) do NOT count as individual events entered**

## ENTRY PROCESS

To **ENTER** the meet, athletes need 2016 USATF Membership AND the birthdate must be verified prior to entry.

**ONLINE ENTRY ONLY – ENTRY CLOSES TUESDAY, June 14, at 11:59 pm**

Online entry only at [www.athletic.net](http://www.athletic.net) (new site for 2016) **ALL ENTRY CLOSES June 14, 11:59 pm**

Payment at time of entry. All entries must pay the fee at time of entry

**There is NO DAY OF EVENT / LATE ENTRY**

**ENTRY FEES \$6.00 for each individual event entered**

**ENTRY CLOSES ON Tuesday, June 14 at 11:59 p.m.**

**RELAYS - There is no entry fee for Relays at the New England meet**

Only current USATF member clubs as of June 14 may enter relays.

Any name on a club roster on June 14 is eligible to run at any level. No roster additions after June 14

All team members must be in the same age division \* All relay team runners **MUST** wear the same color tops and bottoms \*

**THERE IS NO 4x800, Steeplechase, or any Multi-events at the New England meet.** Individuals interested in those events must request a waiver before by Monday, June 13 at 5:00 p.m. to be considered for Region I entry. They must also enter the NE meet and pay the fee as if those events are being held. The 4x800 and Steeplechase count as one event entered at the New England meet.

**IF YOU HAVE ANY COMPETITION QUESTIONS ON RULES, PLEASE CONSULT THE RULEBOOK (at [usatf.org](http://usatf.org))**

**REGION I JO CHAMPIONSHIPS July 7-8-9-10 2016 Albany NY**

The **top 8 finishers** in each event on June 18 qualify for Region I meet.

Region I information is found at [www.usatfne.org/track](http://www.usatfne.org/track)

Region I registration is **ENTIRELY ONLINE** from June 21 to June 28 at 5:00 p.m. at [www.athletic.net](http://www.athletic.net) only

## **WAIVERS INTO REGION I MEET**

With prior approval of the USATF-NE Association, athletes missing the New England meet due to certain circumstances may (not guaranteed) be advanced to the Region I meet **if this does not displace** a top 8 finisher from Fitchburg.

**Waiver requests must be submitted by Monday, June 13, at 5:00 p.m.**

**USATF NATIONAL JO CHAMPIONSHIPS, Sacramento CA July 25-31, 2016**

[www.usatf.org/Events---Calendar/National-Championships.aspx](http://www.usatf.org/Events---Calendar/National-Championships.aspx)

The **top 5 finishers** in each age in each event at the Region I meet (except multi-events) qualify for the National Championships.

Entry is entirely online following the Region I meet at [athletic.net](http://athletic.net)

**FOR MORE INFORMATION – [www.usatfne.org](http://www.usatfne.org) [office@usatfne.org](mailto:office@usatfne.org) 617-566-7600 days during business hours**

**USATF-NEW ENGLAND JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS**  
**Saturday June 18, 2016**

**COMPETITION PROCEDURES**

**Divisions- by birth year**

8 / Under 2008 / 2009 / 2010  
13-14 – 2002 / 2003

9-10 – 2006 / 2007  
15-16 - 2000 / 2001

11-12 – 2004 / 2005  
17-18 1998 / 1999 (and 1997 Aug 1 or later)

**GENERAL POLICIES**

**\* ONLY CREDENTIALLED OFFICIALS, CREDENTIALLED COACHES, and ASSIGNED VOLUNTEERS ARE ALLOWED ON THE INFIELD OR INSIDE LANE 8 OF THE TRACK.**

Parents/Coaches may not accompany their athlete to check-in on the infield regardless of athlete age.

**\* The only exception is to assist an athlete in getting a jump mark. The individual must leave prior to the start of competition**

**\* COMPETITORS MAY NOT POSSESS OR USE ELECTRONIC DEVICES INCLUDING CELL PHONES, EARPHONES, AND COMPUTERS ON THE INFIELD. Individuals with such devices will immediately be escorted to the track exit gates.**

**No dogs except for identifiable service animals are allowed in the facility – stands, team areas, field event areas. Campus Security will be asked to remove the animal and owner.**

**Please be aware of the order of events as the schedule runs in order, not on a time schedule. Competitors may not hear all announcements but it is still their responsibility to report in a timely manner.**

Before entering events, please consult the schedule and understand how entering multiple events may create conflicts. Time schedules are not exact, and may require check-in at multiple events at the same time. It is the responsibility of the athlete/coach to resolve conflicts.

**TRACK EVENTS**

**All track event competitors check-in for their events at the Clerk tent on the infield.**

Once checked in and assigned a heat and lane, the competitor is responsible for being in the proper section of a race. Athletes will not be allowed to compete if they miss their assigned section.

**FIELD EVENTS**

**Field event competitors check in with the official at the respective field event area**

Field event competitors who are also in running events may be moved within flights, or excused for a reasonable time to run. Athletes must check out with and report back to the field event official or risk not competing or not completing all attempts.

Missed trials are allowed only if the competitor returns before the competition ends (age 7-14) or before the finals begin (age 15-18). In the pole vault and high jump, the bar is not lowered after the competition begins.

Warmup periods – A 15 minute maximum before a new age group, and 5 minutes between flights.

NOTE: In long and triple jump warm-up, no runbacks from the board will be allowed for ages 13-18. A common tape measure from the board down the runway will be available to obtain measured marks.

**SCHEDULE OF EVENTS**

**FIELD EVENTS**

Attempts in all throws and in the long and triple jumps

<b>Ages</b>	<b>7-8</b>	<b>9-10</b>	<b>11-12</b>	<b>– 3 attempts for all athletes</b>
<b>Ages</b>	<b>13-14</b>			<b>– 4 attempts for all athletes</b>
<b>Ages</b>	<b>15-16</b>	<b>17-18</b>		<b>– 3 attempts, and top 6 get 3 final attempts</b>

**TIMES MAY BE ADJUSTED AFTER ENTRIES CLOSE. SCHEDULE CHANGES WILL BE POSTED AT CHECK-IN**

**PIT 1 IS AT THE MIDDLE OF THE TRACK. PIT 2 IS ADJACENT TO THE POLE VAULT PIT.**

**Triple Jump 9:15 am** PIT 1 - ALL BOYS 13-18; PIT 2 - ALL GIRLS 13-18 (ALL ages check in at 9:15!)

**Long Jump** Ages 13-18 - Will follow Triple Jump in the listed order  
PIT 1 – Boys 13-14 then 15-16 then 17-18; PIT 2 Girls 13-14 then 15-16 and 17-18

**Long Jump 1:30 pm** Age 7-8 Girls AND Boys in Pit 1, Girls age 9-10 in pit 2.  
Ages 7-12 BOYS PIT 1, GIRLS PIT 2 - Order: 11-12, then 7-8, then 9-10  
**Boys follow in age order in Pit 1, and Girls then follow in Pit 2**

**High Jump 9:45 am** Girls 15-16/17-18 combined, then Boys 15-16/17-18 combined; Then 13-14 Girls/Boys combined  
**1:45 pm** Girls 9-10 AND Boys 9-10 combined; then Girls 11-12; then Boys 11-12

**Pole Vault 10:30 am** All GIRLS TOGETHER Lowest opening heights - 13-14 - 5'6" 15-16 - 6'6" 17-18 – 7'6"  
**1:00 pm** All BOYS TOGETHER Lowest opening heights - 13-14 – 6'6" 15-16 - 8'0" 17-18 – 9'0"

<b>Javelin</b>	<b>9:45 am</b>	Girls 13-14; then <b>Girls 15-16 /17-18 combined</b> ; then Boys 13-14; then <b>Boys 15-16 / 17-18 Combined</b>
	Synthetic Runway	ALL: Minimum 10.00m to measure. Boys Minimum measure after 1st throw: 15/16-25.00m 17-18- 40.00m
<b>Mini-Javelin</b>	<b>1:30 pm</b>	Boys 7-8 then Boys 9-10 then Boys 11-12; then Girls 7-8 then Girls 9-10 then Girls 11-12
	Infield	
<b>Shot Put</b>	<b>9:45 am</b>	Girls 15-16; then Girls 13-14 then Girls 17-18; then Boys 13-14 then Boys 15-16 then Boys 17-18
<b>(ONE CIRCLE)</b>	<b>3:00 pm</b>	Boys 7-8 then Boys 9-10 then Boys 11-12; then <b>Girls 7-8 / 9-10 combined</b> then Girls 11-12
<b>Discus</b>	<b>9:45 am</b>	Boys 13-14; then Boys 11-12; then Girls 13-14 then Girls 11-12; May combine age groups
	<b>1:30 pm</b>	Girls 15-16; then Girls 17-18; then Boys 15-16; then Boys 17-18
<b>Hammer</b>	<b>4:00 pm</b>	Girls 15-18; then Boys 15-18 Minimum measurement after first fair throw: 25.00 meters

### TRACK EVENTS

### **Age groups will be combined if numbers in events are small**

<b>9:15 am</b>	1500m Race Walk	ALL AGES - ONE RACE- all will race 1500m
<b>9:30 am</b>	400m hurdles 36"	B 15-16 AND 17-18
	400m hurdles 30"	G 15-16 AND 17-18
	200m Hurdles	All 13-14 - girls then boys
<b>9:45 am</b>	<b>Track for Age 7-8, 9-10, and 11-12 divisions - Order in age group is Girls then Boys</b>	
	100 meters	<b>7-8, 9-10, 11-12 TRIALS</b> – top 8 times advance to final
	1500 meters	GIRLS 7-8 WITH 9-10, Then 11-12 (MAY COMBINE AGE GROUPS)
	100 meters	<b>7-8, 9-10, 11-12, Finals</b>
	1500 meters	Boys 7-8 THEN 9-10 THEN 11-12 (MAY COMBINE AGE GROUPS)
	400 meters	All Finals on Time
	4x100 Relay	All Will combine age groups
	800 meters	All Finals on Time
	200 meters	All Finals on Time
	<b>4x400 RELAY</b>	All 7-12 Will combine age groups
<b>1:00 pm</b>	80m hurdles 30"	All 11-12 All hurdles are final races, placing on Time
	100m hurdles 30"	Girls 13-14
	100m hurdles 33"	Boys 13-14
	100m hurdles 33"	Girls 15-16, 17-18
	110m hurdles 39"	Boys 15-16, 17-18
<b>1:30 pm</b>	<b>Track for Age 13-14, 15-16 and 17-18 divisions - Order in age groups is Girls then Boys</b>	
	100 meters	All 13-18 <b>TRIALS</b> - top 8 times advance to finals
	1500 meters	Girls 13-18 May combined ages
	100 meters	FINALS 13-14 G / B, 15-16 G / B, 17-18 G / B
	1500 meters	Boys 13-18 May combined ages
	400 meters	All 13-18 Finals on Time
	4x100 Relay	All 13-18 Will combine age groups
	800 meters	All 13-18 Finals on Time
	200 meters	All 13-18 Finals on Time
<b>TO FOLLOW</b>	<b>3000m GIRLS</b>	11-12, 13-14, 15-16 17-18. some ages will be combined
	<b>3000m BOYS</b>	11-12, 13-14, 15-16 17-18. some ages will be combined
	<b>4x400 RELAY</b>	All 13-18 Will combine age groups