

The George & Whitey King 4 x 1600 Meter Relay and age 12/under 4x400

Thursday evening, August 24, 2017 - 7:00 p.m.
Saunders Stadium, South Boston



The George and Whitey King 4 x 1600 Relay gives runners of all abilities a chance to team up for a track relay. The event recognizes two long-time local officials who were top milers in their day; the late George King was on a USA record setting 4 x 1500 relay, and Bill "Whitey" King was New England XC champ. They both ran on a winning Penn Relays 4x800 HS relay. Whitey will be on site and is our starter.]
USATF Sanctioned, hosted by USATF-New England and the YES youth track program

DIVISIONS: Men, Women, Co-Ed. USATF Club and "all-star" teams welcome
Open, Juniors (13-18 on race day), Masters. Minimum age is 13
Club teams must have four bona fide members of the club
YOUTH (12 and under) 4 x 400 relay. No fee
Prizes for division winners, and meet record (Men:18:52.5 HFC Striders 2013 Women: Franklin HS Alum 23:07.9 2005)

ENTRY FEE: \$15 per USATF club team \$20 pick-up/all-star teams **NO FEE FOR YOUTH 4x400**
SUPER MEMBER DISCOUNTS: Deduct \$5 if all 4 runners are 2017 USATF members
Pre-entry is requested -- Runners / order can be declared at race Day of event entry accepted
Please Email office@usatfne.org of intent to compete

EVENT ORDER: Youth 4 x 400, 4x1600, faster section first (if multiple sections needed)
THE RACE IS AN IDEAL EVENT FOR HIGH SCHOOL CROSS COUNTRY RUNNERS TO SHOW OFF SUMMER FITNESS!

BRING ENTRY TO THE MEET OR RETURN WITH FEE BY MAIL (by August 23) to:
King Relay, USATF-NE, PO Box 1905, Brookline MA 02446
Or, Email entry to office@usatfne.org Questions? office@usatfne.org

ALL RUNNERS MUST SIGN THE WAIVER * NO ENTRIES ACCEPTED WITHOUT PROPER SIGNATURES
UNDER AGE 18 MUST HAVE PARENTAL SIGNATURE, SO TAKE CARE OF THIS BEFORE RACE NIGHT!**

George & Whitey King 4 x 1600 Relay Race, Thursday, August 24, 2017, 7:00 p.m.

TEAM / CLUB NAME: _____ Male / Female / Co-ed

Team contact _____ Open / Junior / Masters

Email _____ **Phone** _____

Assumption of Risk: I understand running in a race is a potentially dangerous activity that may cause severe injury. In consideration of acceptance of this entry, I hold harmless USATF-NE, YES, the City of Boston, and all sponsors for any and all injuries suffered by me at this event. I have sufficiently trained for this event and understand the risks involved in competition. If signing as a parent, I understand that this is a potentially dangerous activity for my child.

Runner (print name - all must also sign the waiver; parents must sign for minors) USATF #

1. _____ Age _____ Signature _____ / _____

2. _____ Age _____ Signature _____ / _____

3. _____ Age _____ Signature _____ / _____

4. _____ Age _____ Signature _____ / _____