

USATF - NEW ENGLAND OUTDOOR TRACK & FIELD CHAMPIONSHIPS

SUNDAY, June 21, 2009

Massachusetts Institute of Technology, Cambridge, MA

Hosted and organized by USA Track & Field - New England



Location:

M.I.T. Steinbrenner Track, Vassar Street, Cambridge

Directions: From I-93, take exit 26, and follow the signs to Back Bay along Storrow Drive West, approx. 1.5 miles, to the exit for Rte. 2A. The exit will be on the left, just before the Mass. Ave. Bridge. Turn right at end of ramp, cross bridge. Vassar Street is the third street on the left after you cross bridge.

From I-90 east (Mass. Pike), take Cambridge/Brighton exit (exit 18). Following signs to Cambridge, cross River Street Bridge, turn right onto Memorial Drive. Turn left at the Hyatt Hotel, then bear right.

Date and Time

Sunday June 21, 2009 Registration at 10:30 a.m.

Entry Fee

Received by June 18: \$15 for first event, \$5 for additional events

Day of Event: \$20 for first event, \$10 for each additional event

Day of event entry taken until 11:30 am ONLY

All entries in the hurdles and steeplechase must pre-enter
– no day of event in those two events

Relays: Must be a USATF member club. No entry fee for relays

HAMMER on June 20: Due to facility limitations, the hammer takes place *Saturday, June 20 at Fitchburg (MA) State College* at 4 pm. See www.usatfne.org/track for entry form

USATF Membership

All non-collegians **must** have a 2009 USATF membership (available at the meet for \$30 adult, \$20 youth).

Collegians do not need membership if entered by their school.

Awards

Awards to top finishers in each event

Teams: Plaques to NE Champions, men and women

Team Scoring

USATF-New England member clubs only: 5-3-2-1

Track Events

Women followed by Men

Sections run fast to slow

11:30 am	5000 meters - combined M/W 20 minute limit
11:55 am	400 meter hurdles (must pre-enter)
12:05 am	4x100 meter relay
12:15 am	3000 meter race walk (M & W together, 20 min. limit)
12:40 pm	100/110 meter hurdles (must pre-enter)
12:50 pm	100 meters - finals on time
1:10 pm	400 meters
1:30 pm	800 meters
1:50 pm	200 meters
2:10 pm	3000m steeplechase, women then men (Must pre-enter – no entry day of event)
2:40 pm	1500 meters
3:00 pm	4x400 meter relay
To follow	3000 meters

FIELD EVENTS - top 6 to finals

Women followed by Men, unless noted

12:00 am	Pole Vault – M/W together W open at 7'6 M open 12'6
12:00 pm	Discus
12:00 pm	Long Jump
To follow	Triple Jump
1:00 pm	High Jump - W open 4'8" M open 5'8"
1:30 pm	Shot put (follows Discus)
NOTE	NO HAMMER or JAVELIN DUE TO FACILITY RESTRICTION. Hammer is at Fitchburg St. College on 6/20 at 4 p.m.

2009 USATF-New England Track & Field Championship - ENTRY FORM

A maximum of three (3) events per athlete is allowed.

First Name: _____ Male/Female: _____
Last Name: _____ Age (on 6/21/09): _____
Address: _____ Date of Birth: _____
City: _____ Club: _____
State/ZIP: _____ 2009 USATF#: _____
Email: _____

EVENT

1. _____
2. _____

BestRecentPerformance

Make checks payable to:
USATF-NE

Mail completed entry form with entry fee:
USATF - New England
P.O. Box 1905
Brookline, MA 02446

No faxed entries.

PRE ENTRY by 6/18: \$15 1st event, \$5 each additional event
After June 18: \$20 for first event, \$10 each additional event

Assumption of Risk: I recognize that participating in track & field is a potentially hazardous activity. In exchange for acceptance of this entry, I for myself, executors, administrators and assigns, do hereby release any rights and claims for damages I may have against USATF, USATF-New England, Massachusetts Institute of Technology and its Athletic Department, and any and all sponsors and individuals involved with the presentation and conduct of this meet. I hereby attest that I have full knowledge of the risk involved in competing in this event, and am physically fit and sufficiently trained to participate in this event.

Signature (parent or guardian if under 18): _____ Date: _____